

Russell Run 2025

Overall Results 10km

Place	Bib	Name	Age Category	AG Rank	Pace	GunTime
10km						
1	270	Simard, Eric	M50-59	1/9	3:51/km	0:38:30,90
2	560	Strachan, Jeff	M50-59	2/9	4:00/km	0:40:02,70
3	516	Desjardins, Stephane	M30-39	1/9	4:04/km	0:40:43,30
4	542	Picknell, Josh	M40-49	1/10	4:07/km	0:41:11,50
5	527	Johnson, Jared	M30-39	2/9	4:08/km	0:41:23,80
6	530	Kenwell, Carley	F40-49	1/1	4:13/km	0:42:13,00
7	544	Robinson, Patrick	M40-49	2/10	4:20/km	0:43:29,70
8	564	Hughson, Darin	M50-59	3/9	4:28/km	0:44:48,20
9	508	Bright, Chris	M50-59	4/9	4:36/km	0:46:04,30
10	534	Lalonde, Paul	M60-69	1/3	4:38/km	0:46:20,80
11	536	Leclair-Dionne, Olivier	M30-39	3/9	4:38/km	0:46:28,20
12	555	Vaughan, Brad	M40-49	3/10	4:43/km	0:47:19,90
13	558	Wilson, Geoff	M50-59	5/9	4:45/km	0:47:31,50
14	500	Alvarado, Arturo	M30-39	4/9	4:49/km	0:48:19,50
15	531	Kirkwood, Drew	M30-39	5/9	4:51/km	0:48:36,40
16	523	Gauthier, Nathalie	F60-69	1/5	4:53/km	0:48:53,20
17	513	Coleman, Kenneth	M40-49	4/10	4:56/km	0:49:21,80
18	556	Walroth, Robert	M70+	1/4	4:57/km	0:49:31,50
19	511	Carriere, Robyn	F30-39	1/9	4:57/km	0:49:36,40
20	522	Flanagan, Paul	M50-59	6/9	4:57/km	0:49:37,30
21	525	Groulx, Marc	M30-39	6/9	4:59/km	0:49:50,30
22	552	Vagt, Lawrence	M40-49	5/10	5:01/km	0:50:19,30
23	540	McCauley, Conor	M16-19	1/1	5:03/km	0:50:33,60
24	562	Rochette, Alicia	F30-39	2/9	5:04/km	0:50:44,20
25	524	Gibson, Geordie	M60-69	2/3	5:08/km	0:51:27,70
26	506	Bonneville, Maurice	M70+	2/4	5:12/km	0:52:04,80
27	528	Johnson, Matt	M40-49	6/10	5:14/km	0:52:24,60
28	557	Wetzstein, Ellie	F12-15	1/1	5:14/km	0:52:24,70
29	514	Damiano, Brad	M20-29	1/2	5:18/km	0:53:09,00
30	510	Burns, Karen	F60-69	2/5	5:20/km	0:53:28,10
31	509	Brown, Isaac	M40-49	7/10	5:21/km	0:53:31,30
32	521	Flanagan, Jayne	F50-59	1/2	5:23/km	0:53:58,60
33	538	Lindblad, Emma	F20-29	1/4	5:24/km	0:54:03,20
34	563	Fothergill, David	M60-69	3/3	5:24/km	0:54:05,10
35	543	Rae, George	M40-49	8/10	5:26/km	0:54:26,00

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Place	Bib	Name	Age Category	AG Rank	Pace	GunTime
36	553	Van Rijn, Courtney	F30-39	3/9	5:30/km	0:55:09,00
37	551	Thain, Carolyne	F30-39	4/9	5:31/km	0:55:10,80
38	548	Shaw, Jeremy	M30-39	7/9	5:32/km	0:55:22,70
39	519	Fan, Julie	F30-39	5/9	5:32/km	0:55:22,80
40	561	Bryon, Justin	M40-49	9/10	5:41/km	0:56:51,80
41	541	McNeely, Pat	M50-59	7/9	5:43/km	0:57:11,60
42	503	Barrera Ramirez, Eduardo	M30-39	8/9	5:49/km	0:58:16,30
43	512	Chatelain, Suzie	F30-39	6/9	5:50/km	0:58:27,70
44	535	Lamoureux Desforges, Jessica	F30-39	7/9	5:50/km	0:58:28,40
45	539	Markel, Dan	M50-59	8/9	6:01/km	1:00:12,00
46	545	Rogers, Hannah	F50-59	2/2	6:05/km	1:00:51,30
47	507	Bou-Chrouche, Andrew	M20-29	2/2	6:12/km	1:02:06,50
48	559	Zubyck, Gabrielle	F20-29	2/4	6:19/km	1:03:14,50
49	533	Lalonde, Line	F60-69	3/5	6:19/km	1:03:18,90
50	547	Ruch, Gary	M50-59	9/9	6:23/km	1:03:51,10
51	505	Blouin, Chantal	F30-39	8/9	6:25/km	1:04:15,90
52	526	Grzela, Rose	F20-29	3/4	6:38/km	1:06:28,00
53	549	Shaw, Suzanne	F60-69	4/5	6:48/km	1:08:00,60
54	518	Eby, Ed	M70+	3/4	6:49/km	1:08:10,80
55	529	Kelly, Sara	F30-39	9/9	6:49/km	1:08:11,20
56	546	Roy, Denise	F60-69	5/5	6:50/km	1:08:28,20
57	517	Dunbar, Tony	M70+	4/4	6:58/km	1:09:43,80
58	501	Angus, James	M40-49	10/10	7:19/km	1:13:14,30
59	504	Beaudry Andrews, Laura	F20-29	4/4	8:12/km	1:22:02,40
60	537	Lefebvre, Olivier	M30-39	9/9	8:28/km	1:24:43,40

Number of records: 60